

# November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:00 Catholic Communion 1:30 Worship	2 10:00 Exercise 10:30 Worship 1:30 Blanket Making for the Troops 6:30 Bible Study	3 10:00 Exercise 10:30 Worship 1:30 Resident Council 2:30 Blanket Making for the Troops 6:00 Bingo	4 9:00 Catholic Mass 10:00 Coffee 10:30 Worship 1:30 Shopping at Hy-Vee 6:00 Bingo	5 10:00 Exercise 10:30 Worship 12:00 Lunch at Machine Shed 1:00 Rosary 2:00 Blanket Making for the Troops 6:00 Dick Castle Polka Band	6 10:00 Exercise 10:30 Worship 1:30 Trip to Fairmount Street Library 4:00 Happy Hour	7 10:30 Manicures 1:00 Bingo 6:45 Lawrence Welk
8 9:00 Catholic Communion 1:30 Worship	9 10:00 Exercise 10:30 Worship 1:30 Cribbage Game 3:00 Making Veteran's Day Jewelry 6:30 Bible Study	10 10:00 Exercise 10:30 Worship 1-4 Foot Clinic 2:30- 5 Massage Appointments 3:00 One to One Visits 6:00 Bingo	11 9:00 Catholic Communion 10:00 Coffee 10:30 Worship 1:30 Shopping at Walgreens 6:00 Bingo	12 8:30 Men's Breakfast 10:00 Exercise 10:30 Worship 1:00 Rosary 1:30 Traditions of Honor Presentation 6:00 Freddie and Noreen	13 8:30 Women's Breakfast 10:30 Worship 1:30 Friday the 13th Trivia and Word Games 2:30 Skip Bo Card Game 4:00 Happy Hour	14 1:00 Bingo 2:30 Movie and Popcorn "Major League" 6:45 Lawrence Welk
15 9:00 Catholic Communion 1:30 Worship	16 10:00 Exercise 10:30 Worship 12:00 Pizza Party 2:00 Yahtzee 6:30 Bible Study	17 10:00 Exercise 10:30 Worship 2:00 Pete Beta 2:30 Visit with Boo the Agility Dog 6:00 Bingo	18 9:00 Catholic Communion 10:00 Coffee 10:00 Hearing Aid Cleaning and Testing in Library 10:30 Worship 1:30 Shopping at Target 6:00 Bingo	19 10:00 Exercise 10:30 Worship 11:30 Lunch and Casino Trip- Jumer's Casino 1:00 Rosary 6:00 Marcia Grchan	20 9-11:30 Festival of Trees 1:30 Movie and Popcorn Christmas Classic Cartoon Movies "Rudolph and Frosty the Snowman" 4:00 Happy Hour	21 10:30 Manicures 1:00 Bingo 6:45 Lawrence Welk
22 9:00 Catholic Communion 1:30 Worship	23 10:00 Exercise 10:30 Worship 1:30 "Down By the Creek" Pet Visit 3:00 One to One Visits 6:30 Bible Study	24 10:00 Exercise 10:30 Worship 1-4 Massage Appointments 2:00 Birthday Party 6:00 Bingo	25 9:00 Catholic Communion 10:00 Coffee 10:30 Worship 1:30 Shopping at Dollar Store 6:00 Bingo	<b>26 Happy Thanksgiving!</b> 12:00 Thanksgiving Buffet	27 1:30 Live Entertainment in Lobby with Freddie & Noreen 4:00 Happy Hour	28 1:00 Bingo 2:30 Ice Cream Sundaes 6:45 Lawrence Welk
29 9:00 Catholic Communion 1:30 Worship	30 10:00 Decorating for Christmas 10:30 Worship 1:00 Humane Society Visit 6:30 Bible Study					

## Alzheimer's Support Group Meetings now offered at Silvercrest Garner Farms Assisted Living.

Silvercrest Garner Farms Assisted Living is very pleased to announce we have begun a new Alzheimer's Support Group. We are partnering with Country House and will share the monthly meeting sites with them. The meetings will be held on the second Thursday of each month from 9 to 10:30am. The months that are even numbered (ex. October, is month 10, and November is month 11, etc.) will be held at Garner Farms in the Card & Party Room, and on the odd-numbered months, the meetings will be held at Country House.

The Mission Statement of the Greater Iowa Chapter of the Alzheimer's Association is:

*To eliminate Alzheimer's Disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.*



The Vision Statement is:

*A world without Alzheimer's disease.*

# November



**Please keep in mind that activities may change. If you have questions or concerns in regards to activities please feel free to contact Leah Luna at ext. 108.**